

CURRICULUM VITAE

R. Trent Codd, III

Cognitive-Behavioral Therapy Center of WNC, P.A.

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www.BehaviorTherapist.com

www.CBTRadio.org

Education:

Graduate

Additional Graduate work (non-degree seeking); Applied Behavior Analysis;
University of North Texas; 2008-2009; 19 graduate hours

Ed.S.; Mental Health Counseling; University of Florida; Gainesville, FL; 5/99;
GPA 3.78; (CACREP accredited)

M.A.E.; Mental Health Counseling; University of Florida; Gainesville, FL; 5/99
GPA 3.78; (CACREP accredited)

- Master's thesis: "Help-seeking for alcoholism: A test of the utility of the Theory of Reasoned Action." Chairman: James Archer, Jr., Ph.D. ABPP

M.C.J.; Criminal Justice; University of South Carolina; Columbia, SC; 5/96
GPA 3.86

GCADS; Alcohol and Drug Studies; University of South Carolina School of Public Health; Columbia, SC; 12/96; GPA 3.9

Undergraduate

BS; Criminal Justice; University of North Carolina at Charlotte; Charlotte, NC; 5/94
GPA 3.3

Professional Experience:

Cognitive-Behavioral Therapy Center of Western North Carolina, P.A.; President;
Asheville, NC

12/13/01-present (Full-time)

5/1/01-12/12/01 (Part-time)

- Provide individual and group therapy for anxiety, mood, and substance use disorders from a cognitive-behavioral orientation with child, adolescent and adult outpatient population
- Produce a podcast consisting of interviews with leaders in the Cognitive-Behavioral Therapies; Subscribers exceeded 10,000; www.CBTRadio.org
- Provide administrative oversight for ten full-time employees
- Develop and deliver evidence-based psychotherapy training programs
- Provide clinical consultation to clinicians wishing to develop competencies in the cognitive-behavioral therapies and OC-spectrum Disorders
- Grew the practice from a solo-practice to the second largest private interdisciplinary group practice in WNC

Blue Ridge Mental Health Center; Asheville, NC

10/1/99-12/12/01; Substance Abuse Counselor

- Provided clinical substance abuse and mental health treatment services to youths incarcerated at the Swannanoa Valley Youth Development Center (SVYDC)
- Provided consultation, education and training to Blue Ridge Center and SVYDC staff
- Directly assisted the program manager in program development and evaluation of services, treatment curricula development, staff training and clinical oversight, consultation with training school clinical staff, group supervision efforts, research efforts and the development/enhancement of linkages with aftercare community treatment resources

Teaching Experience:

(Graduate)

Lenoir-Rhyne University

8/14-present; promoted to Clinical Faculty

1/13- 7/14; Adjunct Counselor Education Instructor

- Courses taught:
Substance Abuse Counseling (Spring 2013; Spring 2014; Summer 2014; 2

Hybrid sections Spring 2015; Online section Summer 2015; Online section Spring 2016)

Research Methodology (Fall 2013; Spring 2014; Fall 2014; 3 online sections Spring 2015; Fall 2015; 1 online section Fall 2015; Online section Spring 2016)

Psychopathology, Diagnosis, and Treatment (Fall 2013; Spring 2014; Fall 2014; Spring 2016)

Third Wave Behavior Therapies (Summer 2014)

Supervised Independent Study on FACT (Spring 2015)

Supervised two independent studies for SA students (Summer 2014)

(Undergraduate)

Asheville-Buncombe Technical Community College; Asheville, NC

5/01-12/08; Adjunct Psychology Instructor

- Courses taught:

Abnormal Psychology (Summer 2001; Summer 2002; 2 sections Fall 2002; 2 sections Spring 2003; Spring 2004; Fall 2004; Spring 2005; Fall 2005; Spring 2006; Fall 2006)

General Psychology (Fall 2001; Spring 2002; 2 sections Fall 2002; Spring 2004)

General Psychology (Online course) (2 sections Fall 2006; 3 sections Spring 2007; 3 sections Fall 2007; 2 sections Spring 2008; 4 sections Fall 2008)

University of Florida Department of Counselor Education; Gainesville, FL

Spring semester 1998; Volunteer lab instructor

- Led a one-hour weekly lab for first semester graduate students in Counselor Education as part of their course in counseling theories and techniques.
- Reviewed and provided feedback on videotaped counseling sessions, provided guidance and feedback on role plays, and assigned grades.

Haywood Community College; Clyde, NC

Fall quarter 1996; Part-time Criminal Justice Instructor

- Courses taught:

Stress Management

Law I (two sections)

Retail and Industrial Security

Criminal Investigation

- Provided guidance for the Student Criminal Justice Association.

University of South Carolina; Columbia, SC

8/94-5/96; Graduate Assistant

- Aided in the preparation and organization of the Criminal Justice Courses *Prison Violence and Alternatives to Imprisonment*

- Taught two to three class sessions per semester

Practica, internship, and other clinical experience:

Shands Hospital at the University of Florida; Gainesville, FL; Adult & Adolescent psychiatric inpatient unit; Fall 1998; 300 hour internship

- Co-led daily adult high-functioning group therapy sessions
- Performed individual and family therapy with young adults through geriatric population over a wide range of disorders
- Attended medical student psychiatric lecture series
- Performed case management duties
- Participated in recreational therapy groups
- Observed individual, family, and group therapy sessions conducted by therapists from a variety of disciplines

Meridian Behavioral Healthcare, Inc.; Lake City, FL; Summer 1998; 300 hour internship

- Led adult anger management group and adolescent early intervention addictions group
- Conducted intake assessments
- Performed individual psychotherapy with adult, adolescent, and child outpatient population over a wide range of disorders

Meridian Behavioral Healthcare, Inc.; Lake City, FL; Spring Semester 1998; 250 hour practicum

- Designed, implemented, and led an eleven-session adult anger management group
- Designed, implemented and led an eight-session adolescent early intervention addictions group
- Co-led an eight-session adult primary addictions group
- Conducted intake assessments
- Performed individual psychotherapy with adult and adolescent outpatient population over a wide range of disorders

Horizon/New Pathways Alternative School; Gainesville, FL; Fall semester 1997; 150 hour practicum

- Performed eight hours of individual counseling per week
- Co-led a one-hour weekly anger management group
- Performed crisis intervention with adolescent population

Alachua County Crisis Center; Gainesville, FL; 5/97-10/98

- Crisis line counselor- used a crisis intervention model to counsel a wide range of clients

- Care team associate- served as a member of a two person emergency mobile crisis team
- In house trainer- served as an adjunct to the external training program in training new crisis line counselors
- 4-14 hours weekly

Clinical consultation completed

- Engaged in monthly Precision Teaching supervision with Kerri Milyko, PhD; 11/14-present
- Engage in bi-weekly individual Functional Analytic Psychotherapy (FAP) supervision with Mavis Tsai, PhD; 2013-2015
- Completed 8 session Functional Analytic Psychotherapy (FAP) Level II clinical consultation group; led by Gareth Holman, PhD and Peter Collis, PhD; 2013
- Completed 75 hours of clinical supervision in Applied Behavior Analysis; Supervisor: Caroline Minicozzi, BCBA
- Completed 20 Hours of clinical hypnosis clinical consultation with Sheryll Daniel, PhD; ASCH approved clinical consultation; 2006
- Completed individual ACT clinical consultation with Kelly Wilson, PhD; 2006
- Completed 8 session Functional Analytic Psychotherapy (FAP) clinical consultation group; led by Mavis Tsai, PhD; 2006

Training (selected):

2016

- Completed 35 hours of intensive training in Radically Open Dialectical Behavior Therapy (RO-DBT); Part II of intensive training; Training conducted by Thomas Lynch; Berkely, CA; 1/2016

2015

- Completed 35 hours of intensive training in Radically Open Dialectical Behavior Therapy (RO-DBT); Part I of intensive training; Training conducted by Thomas Lynch; Berkely, CA; 5/2015

2014

- Completed 7 hours of training in Radically Open-DBT (RO-DBT) for disorders of over control; Training conducted by Thomas Lynch; Philadelphia, PA; ABCT: 11/20/14
- Completed FAP Training Intensive; May 2014; Seattle, Washington

2013

- Completed NIH Protecting Human Research Participants workshop; 3/3/13
- Completed 6 hours of training in Compassion Focused Therapy (CFT); Training conducted by Dennis Tirsch, PhD; Asheville, NC; 9/20
- Completed 3 hours of training in giving and receiving therapeutic feedback; Training conducted by Gareth Holman, PhD and Kelly Koerner, PhD; 5/22
- Completed Tourette Syndrome Association's Behavior Therapy Institute; Completed both didactic and follow-up consultation; Training conducted by Douglas Woods, PhD; New Orleans, LA

2012

- Completed 2 day training in Teaching with Acoustical Guidance (TAG) to meet the standards for TAGteach Primary certification status; Asheville, NC; Training conducted by Theresa McKeon
- Completed 7 hours of training in Cognitive Processing Therapy: Beyond the Basics; Training conducted by Patricia Resick; ABCT; Washington, DC
- Completed 3 hours of training in DBT Behavioral Chain Analysis; Training conducted by Shireen Rizvi & Lorie Ritschel; ABCT; Washington, DC
- Completed 9 hours of training in Cognitive Processing Therapy; November, 2013
- Completed 11 hours of training in Functional Analysis and Treatment of Severe Behavior Disorders; Training conducted by Brian Iwata, PhD; Charleston, SC
- Completed 4 days (33 hours) of training in Acceptance and Commitment Therapy; Training consisted of 2 day experiential workshop with Steve Hayes and Jacquelyn Pistorello; 1 day of skills training with Robyn Walser; 1 day of skills training with Jason Luoma and Jenna Lejeune; ACT Bootcamp; Reno, NV

2011

- Completed 3 hours of training in Empirically-based CBT Supervision; Training conducted by Robert Reiser, Donna Sudak, & Derek Milne; ABCT; November 12, 2001; Toronto, Ontario
- Completed 2 hours of training in CBT for children and adolescents with OCD; Training conducted by Dean McKay and Stephen Whiteside; November, 11, 2011; ABCT; Toronto, Ontario
- Completed 2 hours of training in integrating sexual interventions into couple and individual CBT; Training conducted by Barry McCarthy; November 11, 2011; ABCT; Toronto, Ontario
- Completed 5 hours of training in OCD compliance/resistance issues with exposure and response prevention; Training conducted by Jonathan Grayson; November 10, 2001; ABCT; Toronto, Ontario

- Completed IOCF's Behavior Therapy Training Institute (BTTI); 21 hours; 2011; Chapel Hill, NC
- Completed 6 hours of training in clinical supervision

2010

- Completed 2 day training in Motivational Interviewing; Training conducted by Michelle Drapkin, PhD (MINT Trainer); Cullowhee, NC; November 11 & 12, 2010
- Completed 6 hours of training Mindfulness and Mindfulness-based therapies; Training conducted by Jeffrey Brantley, MD; MAHEC; Asheville, NC; March 26, 2010
- Completed SMART Recovery Facilitator training March 2010

2009

- Completed 7 hours of training in Mindfulness, Radical Acceptance and Willingness; Training conducted by Marsha Linehan & Kathryn Korslund; ABCT; NYC; November 19, 2009
- Completed 3 hours of training in CBT for the treatment of complicated grief; Presented by Katherine Shear & Sharon Sung; ABCT; NYC; November 20, 2009
- Completed 2 hours of training in Cognitive Therapy for Paranoia; Presented by Neil Rector, PhD; ABCT; NYC; November 20, 2009
- Completed 2 hours of training in Mindfulness for Two: An ACT approach to mindfulness in psychotherapy; Presented by Kelly Wilson, PhD; ABCT; NYC November 21, 2009
- Completed 20 hours of advanced training in clinical hypnosis for chronic pain; Training provided by multiple trainers and sponsored by ASCH; Northbrook, IL; 9-10-09 – 9-13-09

2008

- Completed 2 hours of training in DBT for the emotionally constricted and risk averse; Training conducted by Thomas Lynch and Jennifer Cheavens; ABCT; Orlando, FL; 11-15-08
- Completed 3 hours of training in avoiding polarization with dialectical behavior therapy; Training conducted by Shireen Rizvi & Kathryn Korslund; ABCT; Orlando, FL; 11-14-08
- Completed 7 hours of training in Bipolar Disorder in Children and Adolescents; Training conducted by Eric Goodstrum; ABCT; Orlando, FL; 11-13-08
- Completed 6 hours of training in A Functional Approach to Behavioral Activation for Depression; Training conducted by Jonathan Kanter; ABA; Chicago, IL; 5-23-08

- Completed 3 hours of training in Schedule-induced behaviors: Origins of problem behaviors and procedures to minimize their influence; Training conducted by Jeff Kupfer; ABA; Chicago, IL; 5-23-08

2007

- Completed 3 hours of training in Appetite Awareness Training within interventions for Eating Disorders and Weight Concerns; Training conducted by Linda Craighead; ABCT; Philadelphia, PA; 11/17/07
- Completed 3 hours of training on Barlow's Unified Protocol for Emotional Disorders; Training conducted by David Barlow, Laura Allen, Christopher Fairholme & Kristen Ellard; ABCT; Philadelphia, PA; 11/17/07
- Completed 3 hours of training in CBT for Insomnia; Training conducted by Jack Edinger & Colleen E. Carney; ABCT; Philadelphia, PA; 11/16/07
- Completed 7 hours of training in Interpersonal/Emotional Process Therapy for Generalized Anxiety Disorder; Training conducted by Tom Borkovec; ABCT; Philadelphia, PA; 11/15/07
- Completed 5 hours of training in comprehensive behavioral management of tic disorders in children and adults; Training conducted by Douglas Woods, John Piacenti, Alan Peterson, John Walkup, and Sabine Wilhelm; ABCT; Philadelphia, PA; 11/14/07
- Completed 3 hours of training in Behavior Analysis of Peak Personal Athletic Performance and Physical Fitness; Training conducted by Steven Ray Flora; ABA; San Diego, CA; 05/25/07
- Completed 6 hours of training in Function based diagnosis and treatment for chronic populations; Training conducted by Kevin Schock and Ennio Cipani; ABA; San Diego, CA; 05/25/07

2006

- Completed 6.25 hours of training in Motivational Interviewing; Training conducted by Robert Rhode; Charlotte, NC; 09/26/06
- Completed 3 hours of training on Inner Behavior: Changing thoughts, feelings, and behavior; Training conducted by Abigail Calkin; ABA; Atlanta, GA; 5/27/06
- Completed 3 hour workshop in Teaching a Child Development course with Interteaching and Student Response Systems (Clickers); Training conducted by Gary D. Novak & Martha Pelaez; ABA; Atlanta, GA; 5/26/06
- Completed 6 hours of training in Functional Analysis and Treatment of Psychotic topographies; Training conducted by Tomas Gimenez and Javier Ortega; ABA; Atlanta, GA; 5/26/06

2005

- Completed 20 hours of intermediate training in clinical hypnosis; American Society of Clinical Hypnosis; Miami, FL.; 12/05
- Completed 3 hours of training in Cognitive Behavior Therapy with Difficult Children and Families; Training conducted by Robert Friedberg; ABCT; Washington, DC; 11/19/05
- Completed 3 hours of training Resolving Ruptures in the Therapeutic Alliance; Training conducted by Jeremy D. Safran and Christopher Muran; ABCT; Washington, DC; 11/19/05
- Completed 2 hours of training in Treatment for Compulsive Hoarding; Master Clinician Seminar conducted by Gail Steketee and Randy O. Frost; ABCT; Washington, DC; 11/18/05
- Completed 38 hours of training in Acceptance and Commitment Therapy; Training conducted by various presenters; ACT Summer Institute II; Philadelphia; 7/18/05-7/22/05
- Completed 17 hour advanced experiential workshop in Acceptance and Commitment Therapy; Training conducted by Kelly Wilson, PhD; Philadelphia; 7/16/05 & 7/17/05
- Completed 3 hours of training in Habit Reversal and Regulated Breathing for maladaptive habits, tics, Tourette's Syndrome, and Stuttering; Training conducted by Greg Nunn, Ph.D.; ABA; Chicago; 5/28/05
- Completed 3 hours of training in Standard Celeration Charting; Training conducted by Fabrizio, Starlin, Calkin, Pennypacker, and Rosales-Ruiz; ABA; Chicago; 5/27/05
- Completed 6 hours of training in Goldiamond's Constructional Approach; Training conducted by Paul Andronis, Ph.D.; ABA; Chicago; 5/27/05
- Completed 1 hour of training in Managing the complex clinical course of Generalized Anxiety Disorder; PscyCME; Training conducted by Martin B. Keller, MD & R. Bruce Lydiard, PhD, MD; 3/13/05

2004

- Completed 3 hours of training in Acceptance and Commitment Therapy with the therapy-wise multiproblem client; Training conducted by Kirk Strosahl; AABT; New Orleans; 11/20/04
- Completed 3 hours of training in Functional Analytic Psychotherapy; Training conducted by Robert J. Kohlenberg, Jonathan W. Kanter, Chauncey Parker, Reo W. Newring, & Christine Terry; AABT; New Orleans; 11/20/04
- Completed 3 hours of training in Enhancing exposure efficacy: Strategies for maximizing safety learning; Training conducted by Michael W. Otto & Jasper A. J. Smits; AABT; New Orleans; 11/19/04
- Completed 3 hours of training in Getting resistant substance abusers to enter treatment by working with their loved ones: The CRAFT program; Training conducted by Jane Ellen Smith & Robert J. Meyers; AABT; New Orleans; 11/19/04
- Completed 5 hours of training in Beginning-Level Training for the Cognitive Behavioral Analysis System of Psychotherapy; Training conducted by James P.

McCullough, Jr., Marilyn L. Spiro, & J. Kim Penberthy; AABT; New Orleans; 11/18/04

- Completed 7 hours of training in Cognitive-Behavioral Treatment of Anxiety in Children and Adolescents: Moving beyond the Basics; Training conducted by Anne Marie Albano; AABT; New Orleans; 11/17/04
- Completed 5 hours of training in Best practices in the treatment of Bipolar disorder. Training conducted by John Haggerty, Jr.; MAHEC; Asheville, NC; 11/05/04
- Completed 33.5 hours of training in Acceptance and Commitment Therapy/Relational Frame Theory; Acceptance and Commitment Therapy Summer Training Institute 2004; Reno, NV; 7/12/04-7/16/04
- Completed 6 hours of training in Emergency Mental Health: Assessment and Treatment; Asheville, NC; 5/19/04

2003

- Completed 3 hours of training in Cognitive Therapy of Schizophrenia; Training conducted by Aaron Beck, Neil Rector and Corinne Cather; AABT; Boston, Mass; 11/22/03
- Completed 3 hours of training in Cognitive focused treatment of Obsessive-Compulsive Disorder; Training conducted by Maureen Whittal and Melanie O'Neill; AABT; Boston, Mass; 11/21/03
- Completed 7 hours of training in Cognitive-Behavioral Treatment of Generalized Anxiety Disorder; Training conducted by T.D. Borkovec; AABT; Boston, Mass; 11/20/03
- Completed 6 hours of training in Logotherapy: Helping clients find meaning in their lives; Training conducted by Alex Vesely (grandson of Viktor Frankl); Wake Forest University; 9/19/03
- Completed 15 hours of continuing education in Ethics in Counseling; American Counseling Association; 1/03

2002

- Completed 3 hours of training in CBT for GAD: Learning to tolerate uncertainty and emotion arousal; Training conducted by Michel J. Dugas; AABT; 11/02
- Completed 3 hours of training in Purpose, meaning, and values in behavior therapy: New methods in cognitive-behavioral practice; Training conducted by Kelly G. Wilson; AABT; 11/02
- Completed 3 hours of training in Acceptance and change in couple therapy; Training conducted by Andrew Christensen; AABT; 11/02
- Completed 5 hours of training in Mindfulness-based cognitive therapy and prevention of relapse in major depression; Training conducted by Zindel Segal; AABT; 11/02
- Completed 1.5 hours of training in Dialectical Behavior Therapy (DBT); Training conducted by Bill Barley and Beverly Brooks; Asheville, NC; 2/02

2001

- Completed 3 hours of training in Problem-Solving Therapy: Clinical Applications; Training conducted by Arthur Nezu and Christine Maguth Nezu; AABT; Philadelphia, PA; 11/01
- Completed 3 hours of training in Behavioral Activation as a Contextual Treatment for Depression; Training conducted by Christopher Martell and Michael Addis; AABT; Philadelphia, PA; 11/01
- Completed 3 hours of training in Behavioral Couples Therapy for Alcoholism and Drug Abuse; Training conducted by Timothy J. O'Farrell and William Fals-Stewart; AABT; Philadelphia, PA; 11/01
- Completed 6 hours of training in Dialectical Behavior Therapy (DBT); Training conducted by Meggan Moorhead; MAHEC; Asheville, NC; 5/01
- Completed 20.5 hours of training in Acceptance and Commitment Therapy (ACT); Training conducted by Steven C. Hayes; Lake Tahoe, NV; 3/01

2000

- Completed 40 hours of intensive on-site training in Cognitive Therapy at the Beck Institute for Cognitive Therapy and Research; Bala Cynwyd, PA; 9/00
- North Carolina School for Alcohol and Drug Studies; Completed 22 hours of training in family therapy for chemical dependency; Training conducted by John T. Edwards; Montreat, NC; 2/00
- Completed 8 hours of training in Cognitive Therapy for personality disorders; Training conducted by Art Freeman; AABT; New Orleans, LA; 11/00
- Completed 3 hours of training in Cognitive-behavioral therapy with families; Training conducted by Frank Dattillio; AABT; New Orleans, LA; 11/00
- Completed 3 hours of training in Cognitive-behavioral therapy for sexually abused children and adolescents; Training conducted by Esther Deblinger; AABT; New Orleans, LA; 11/00
- Completed 12 hours of training in Motivational Interviewing; Training conducted by Jeff Georgi; MAHEC; Asheville, NC; 11/00

1999

- Completed 5.5 hours of training in Cognitive Therapy for Anxiety Disorders; Training conducted by John Ludgate; MAHEC; Asheville, NC; 11/99
- Completed 20 hours of training in Clinical Hypnosis; American Society of Clinical Hypnosis; Atlanta, GA; 3/99

1997

- Completed 50 hours of training in crisis intervention and suicide prevention; Alachua County Crisis Center; Gainesville, FL; 6/97; Training fully certified by the American Association of Suicidology

Professional Certifications/Licenses:

- Academy of Cognitive Therapy Certified Trainer/Consultant; 3/13-present
- Fellow, Academy of Cognitive Therapy (ACT); #518; 3/13-present
- Board Certified Behavior Analyst (BCBA); # 1-12-12475; BACB;9-30-12- present
- Certification in Clinical Hypnosis; Certification # R9275; American Society of Clinical Hypnosis; 12/06-present
- NC Licensed Clinical Addictions Specialist (LCAS); Certification #911;4/1/04-present
- Master Addictions Counselor (MAC); NBCC; Certification #57531; 11/25/03-present
- Certified Clinical Mental Health Counselor (CCMHC); NBCC; Certification #57531; 12/01-present
- Diplomate, Academy of Cognitive Therapy (ACT); #518; 11/01-3-12-13
- NC Licensed Professional Counselor (LPC); License # 3745; 4/1/01-present
- Nationally Certified Counselor (NCC); NBCC; Certification # 57531; 4/24/99-present

Awards:

- Chi Sigma Iota Counseling Academic and Professional Honor Society International
- Alachua County School Volunteer Program award; Gainesville, FL; 2/98
- Alpha Phi Sigma Criminal Justice Honor Society

Professional Associations:

- Public Responsibility in Medicine and Research (PRIM&R); 2016-present
- Organizational Behavior Management Network; 2015-present
- Standard Celeration Society; 2014-present
- National Tourette Syndrome Association; 2010-present
- International Obsessive-Compulsive Foundation; 2003-present
- Trichotillomania Learning Center; 2008-present
- American Society of Clinical Hypnosis; 2006-present
- Toastmasters International; Member; 1/02-4/04
 - Arise and Shine Toastmasters chapter; Member; Asheville, NC; 1/02-4/04
 - Sergeant at arms; 7/02-1/03
 - Competent Toast Master (CTM); Awarded 6/5/03
 - Competent Leader (CL); Awarded 3/11/04
- Anxiety Disorders Association of America; 2003-present

- Association for Contextual Behavioral Science; Charter Member; 2001-present
- Association for Behavior and Cognitive Therapy (formerly AABT); 1998-present
 - The Science and Pseudo-science Review (ABCT SIG); 2002-present

Other Experience:

- Scored psychotherapy sessions for adherence with the CTRS for the Academy of Cognitive Therapy; February 2014-present
- Coordinated psychometric data collection at a southeastern juvenile correctional facility; Data used by Evince Clinical Assessments to further develop the Practical Adolescent Dual Diagnostic Interview (PADDI); 2001
- Research Technician; University of South Carolina Behavioral Pharmacology lab; Fall semester 1995
 - 20 hours per week
 - Worked under Dr. James Appel
 - Used the behavioral procedure of drug discrimination as an animal model of the subjective effects of hallucinogenic and related substances in humans to study the mechanisms of action of psychoactive drugs
 - *Duties:* Data input, drug discrimination training, generalization and antagonism tests
- United States Marshals Service internship; Columbia, SC office; Summer 1995

Books:

- **Codd, III, R.T.** (Ed). (in progress). Practice-based research: A guide for clinicians. Routledge.
- Tirch, D, Silberstein, L., **Codd, III, R.T.** & Brock, M. (in preparation). Experiencing ACT from the inside out: A self-practice/self-reflection workbook for therapists. Guilford Press.
- Sudak, D., **Codd, III, R.T.**, Sokol, L., Gittes-Fox, M., Reiser, R., Ludgate, J. & Milne, D. (2015). Training and supervising Cognitive-Behavioral Therapy. Wiley: Hoboken, NJ. Note: Contains extensive multimedia content.

Publications (in preparation):

- **Codd, III, R.T.** & Drake, C. Implicit cognition and verbally reported attitudes toward substance abusers.
- **Codd, III, R.T.** How to develop a robust practice-based research repertoire.

Publications (refereed):

- Vilardaga, R. & **Codd, III, R.T.** (2015). Perspectives on the nature of being, becoming and reality from contextual behavioral science. *Journal of Contextual Behavioral Science*, 4 (4) 213-215.
- **Codd, III, R.T.**, (2015). The Functional Contextual a-ontological stance and Bas C. van Fraassen's Constructive Empiricism. *Journal of Contextual Behavioral Science*, 4 (4) 215-220.
- **Codd, III, R. T.**, Twohig, M. P., Crosby, J. M. & Enno, A. M. (2011). Treatment of three anxiety cases with Acceptance and Commitment Therapy in a private practice. *Journal of Cognitive Psychotherapy*, 25, (3) 203-217.
- **Codd III, R.T.**, & Cohen, B.N. (2003). Predicting college student intention to seek help for alcohol abuse. *Journal of Social and Clinical Psychology*, 22 (2) 169-192.
- Michels, P., Johnson, N.P., **Codd, III, R.T.**, & Mallin, R. (1998). Childhood problems of alcoholic women. *Journal of Health and Social Policy*, 10, (2) 15-26.

Book Chapters/Encyclopedia Entries:

- **Codd, III, R.T.** (in press). Covert Sensitization. *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
- **Codd, III, R.T.** (in press). Functional Behavior Assessment. *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
- **Codd, III, R.T.** (in press). Functional Analysis. *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
- **Codd, III, R.T.** (in press). Applied Behavior Analysis. *The SAGE Encyclopedia of Abnormal and Clinical Psychology*.
- **Codd, III, R.T.** (2014). Fatal Crash Scene Investigation. In Freeman, S.M., Moore, B.A., Miller, L. & Freeman, A. Behind the badge: A psychological treatment handbook for law enforcement officers. Routledge.
- **Codd, III, R.T.** & Hayes, S.C. (2008). Acceptance and Commitment Therapy. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- **Codd, III, R.T.** (2008). Psychotherapist. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- **Codd, III, R.T.** & Twohig, M. (2008). Obsessive-Compulsive Disorder. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.
- Visser, P. & **Codd, III, R.T.** (2008). Beck Depression Inventory. In Encyclopedia of Child Behavior and Development. (Eds.) Goldstein, S. & Naglieri, J. New York, NY: Springer.

Book Reviews:

- **Codd, III, R.T.** (2006). "Destructive Trends in Mental Health: The Well-Intentioned Path to Harm." Research on Social Work Practice, 16 (2) 235-236.

Newsletters:

- **Codd, III, R.T.** & Sudak, D.M. (2016). Three keys to more effective CBT education. *Advances in Cognitive Therapy*. February issue.

Poster Presentations:

- **Codd, III, R.T.** & Baker, R. (June 2010). Acceptance and Commitment Therapy in the treatment of a football quarterback with uncontrolled salivation and choking during game performance: A clinical case study. Poster presented at the ACT World Conference VIII; Reno, NV; June 2010
- **Codd, III, R.T.**, Twohig, M. P., Crosby, J.M. & Enno, A. (November 2009). Acceptance and Commitment Therapy without exposure as a treatment for three anxiety disorder cases in a private practice. Poster presented at the 43rd annual conference of the Association for Cognitive and Behavioral Therapies.
- **Codd, III, R.T.** (November 2009). Knowledge and attitudes concerning Cognitive-Behavioral Therapies: A survey of CACREP-accredited program instructors. Poster presented at the 43rd annual conference of the Association for Cognitive and Behavioral Therapies.

Panel Discussions:

- Panelists: **Codd, III, R.T.**, Gordon, T., Grayson, J., Galanti, R. & Bjorgvinsson. Chair: Rosmarin, D.H. (November, 2015). Taking care of business: A real-world discussion about owning and operating a CBT clinical practice. ABCT annual convention. Chicago, IL.
- Panelists: **Codd, III, R.T.** & Napolitano, L. Chair: Throstr Bjorgvinsson. (April, 2015). Taking care of business: A real-world discussion about owning and operating a CBT clinical practice. ADAA annual convention. Miami, FL.
- Panelists: **Codd, III, R.T.**, Rosmarin, D.H., Galanti, R., Bjorgvinsson, T., Maher, M., Napolitano, L. & Rabinowitz, D. (November, 2014). Taking care of business: A real-world discussion about owning and operating a CBT clinical practice. ABCT annual convention. Philadelphia, PA.
- **Codd, III, R.T.** (Chair). Panelists: Layng, T.V., Murrell, A. & Waltz, T. (June, 2014). Can the CBS community benefit from (and extend) Goldiamond's prolific thinking?; Association for Contextual Behavior Science World Conference XII: Minneapolis, MN.
- **Codd, III, R.T.** (Chair). Panelists: Herbert, J., Leigland, S., Szabo, T., Layng, T.V., Follette, W. & Tirch, D. (June, 2014). Perspectives on Ontology in Functional Contextualism. Association for Contextual Behavior Science World Conference XII; Minneapolis, MN.

- **Codd, III, R.T.** (Chair). Panelists: Callaghan, G.M., Wetterneck, C., Holman, G., Presti, N. & Steinwachs, J. (June 2014). Measuring ACT/FAP process and outcome in clinical practice settings: Some contemporary thinking (and a little bit of data). Association for Contextual Behavior Science World Conference; Minneapolis, MN.
- Boullion, G.Q. (Chair). Panelists: **Codd, III, R.T.**, Moran, D.J., Vilardaga, J.P., Dalrymple, K.L., Flynn, M.K. (June, 2014). Anxiety and Valuing: Using Contextual Behavioral Science to Understand, Assess, and Increase Valued Living in Individuals with Anxiety. Association for Contextual Behavior Science World Conference; Minneapolis, MN.
- Fuenfhausen, K. (Chair). Panelists: **Codd, III, R.T.**, Shulby, R., & Teplitsky, P. Business and Marketing Strategies for Private Practice. Asheville-Area Counseling Professionals Association. Asheville, NC.
- **Codd, III, R.T.** (Chair). Panelists: Herbert, J.D., Leigland, S., Szabo, T.G., David, D. (July 24, 1012). A-ontology: An in-depth discussion of this critical functional contextual feature. Association for Contextual Behavior Science World Conference X; Washington, D.C.
- Villatte, J. (Chair). Panelists: Luoma, J.B., Koerner, K., **Codd, III, R.T.** & Karekla, M. (July 23, 2012). How to conduct meaningful research in clinical practice settings. Association for Contextual Behavior Science; World Conference X; Washington, D.C.

Symposia:

- Polaha, J., **Codd, III, R.T.**, Robinson, P. (November 2014). The construction and evaluation of a graduate course in Acceptance and Commitment Therapy for primary care settings. Data presented as part of the following symposium: Brief Mindfulness- and acceptance-based interventions: When a little goes a long way. Chair: James Marchman; Discussant: Kirk Strosahl. Association for Behavior and Cognitive Therapy; Philadelphia, PA.
- **Codd, III, R.T.**, Morrison, K. & Twohig, M. (June 2014). Acceptance and Commitment Therapy as a Treatment for Misophonia in an Adult Female. Presented as part of the following symposium: OCD and Similar Disorders: Evaluating Theoretical and Empirical Support for the Use of ACT. Association for Contextual Behavior Science World Conference XII; Minneapolis, MN.
- **Codd, III, R.T.**, Twohig, M. P., Crosby, J. M. & Enno, A. M. (February 16, 2012). Treatment of three anxiety cases with Acceptance and Commitment Therapy in a private practice. Invited presentation delivered at the NC Association for Behavior Analysis. Winston-Salem, NC.

Consultation Activity:

- Delivered consultation to two different LA County group cohorts (consisting of five clinicians each) over 16 weeks; Consultation part of largest CBT dissemination effort

to date. Delivered consultation through Academy of Cognitive Therapy; January 2016-present

- Delivered consultation to two different LA County group cohorts (consisting of five clinicians each) over 16 weeks; Consultation part of largest CBT dissemination effort to date. Delivered consultation through Academy of Cognitive Therapy; June 2015-December 2015
- Provided one hour Consultation with two CBT Post-docs at Harbor UCLA around CTRS scoring; Assisted with helping them to become calibrated to score therapy samples with the CTRS
- Delivered three hours of paid consultation in classroom behavior management to elementary school teachers at Carolina Day School; Asheville, NC; March 2015
- Delivered one hour consultation to three CBT supervisors around CBT Supervision; Consultation part of follow-up from ABCT workshop on CBT supervision; January 7, 2015
- Delivered clinical consultation to three different LA county group cohorts (consisting of roughly eight clinicians each) over 16 weeks; Consultation part of largest CBT dissemination effort to date. Delivered consultation through Academy of Cognitive Therapy; October 2014-March 2015.
- Consulted with two advanced licensed mental health providers with Ventura County, CA; Consisted of ten weekly consultation sessions consisting of audio recording review on their individual therapy and also their supervision of other licensed MH providers in CBT; Part of train the trainer model for disseminating CBT through the Academy of Cognitive Therapy
- Provided consultation to Jodi Polaha, PhD at ETSU on the construction of an ACT course for doctoral students with a focus on primary care setting delivery; Also provided consultation throughout the semester regarding instruction delivery; involved viewing student video recordings of ACT delivery and providing Dr. Polaha feedback; Fall of 2012 & 2014
- Provided distance group clinical consultation to Ventura County, CA mental health providers; Consisted of six sessions with audio tape review, CTRS scoring and group consultation via webex
- Delivered monthly clinical consultation to staff at Youth Unlimited around CBT implementation with child and adolescent population across a range of clinical presentations; 2012-2015
- Delivered one hour consultation in the use of single case designs to four clinicians across the country with specific projects; part of single case design course through ACBS Research in Clinical Practice SIG; 2013
- Served as consultant to Excelsior College; Wrote test rationales for Abnormal Psychology study guide used by Excelsior undergraduate psychology students; 5/06 & 8/06

Publications (non-refereed):

- **Codd, III, R.T.** (July 20, 2004). Anti-smoking behavior can keep your teenager from lighting up. Asheville Citizen-Times.
- **Codd, III, R.T.** (March 23, 2004). Don't let fear of dental visits keep you from caring for your teeth. Asheville Citizen-Times.
- **Codd, III, R. T.** (December 15, 2003). Generalized Anxiety Disorder can be treated by medicine or by psychotherapy. Asheville Citizen-Times.
- **Codd, III, R. T.** (November 3, 2003). You can help your loved one overcome substance abuse. Asheville Citizen-Times.
- **Codd, III, R.T.** (August 4, 2003). It's important for parents to recognize depression in teens. Asheville Citizen-Times.
- **Codd, III, R.T.** (June 2, 2003). Teen substance abuse requires parental strategy. Asheville Citizen-Times.
- **Codd, III, R.T.** (April 7, 2003). Help for problem drinkers available. Asheville Citizen-Times.
- **Codd, III, R.T.** (January 20, 2003). Treatments able to control social phobia. Asheville Citizen-Times.
- **Codd, III, R.T.** (November 25, 2002). Emotional problems: A better strategy. Asheville Citizen-Times.
- **Codd, III, R.T.** (September 27, 2002). Cognitive Therapy: An effective psychological treatment for Irritable Bowel Syndrome. Published at www.digitalabstract.net/irritablebowelsyndrome/
- **Codd, III, R.T.** (September 9, 2002). Cognitive Therapy highly effective in treating depression. Asheville Citizen-Times.
- **Codd, III, R.T.** (Summer, 2002). Five ways you can promote LPCs and the counseling profession. Professional Ties.
- **Codd, III, R.T.** (July 8, 2002). Panic disorders can be controlled. Asheville Citizen-Times.
- **Codd, III, R.T.** (April 29, 2002). Virtual Reality useful in treating anxiety disorders. Asheville Citizen-Times.
- **Codd, III, R.T.** (February 18, 2002). Coping with the emotional side of diabetes. Asheville Citizen-Times.
- **Codd, III, R.T.** (September, 2001). Can you recognize the signs of problem drinking? Column published in the American Counseling Association's "The Counseling Corner"—a weekly nationally syndicated newspaper column

Editorial Boards:

- Ad Hoc Reviewer for Journal of Traumatic Stress Disorders and Treatment; 2015
- Guest co-editor of special section on Ontological and Epistemological controversies contextual behavioral science; Guest edited with Roger Vilardaga, PhD; Journal of Contextual Behavioral Science (2015), 4 (4).
- Ad Hoc Reviewer for special issue on Acceptance and Commitment Therapy of the International Journal of Behavior Consultation and Therapy; 2010

- Ad Hoc Reviewer for Behavior Therapy; 2009
- Encyclopedia of Child Behavior and Development; 2008
- Served as reviewer for the following Hansell and Danour's (2004) *Abnormal Psychology*, 1e, Wiley chapters: 1. Lifespan Development: Disorders of childhood and old age and 2. Psychological stress and physical disorders.
- Served as field reviewer for the *Substance Abuse Treatment: Men's Issues Treatment Improvement Protocol (TIP)*. April 2004. Project funded by the Center for Substance Abuse Treatment (CSAT).
- Served as field reviewer for the *Substance Abuse Treatment and Trauma Treatment Improvement Protocol (TIP)*. March 2004. Project funded by the Center for Substance Abuse Treatment (CSAT).

Intensive training provided

- **Codd, III, R.T.** (December 14, 15, 16, 2011). Provided 24 hours of paid onsite CBT training to Family Services Inc. Winston-Salem, NC.
- **Codd, III, R.T.** (2011-2012). Provided monthly group clinical consultation for one year to Alexander Youth Services clinical Staff. Charlotte, NC.
- **Codd, III, R.T.** (June 2011). Provided 24 hours of paid onsite CBT training over 3, 8 hour days to Precision Healthcare. Kinston, NC.
- **Codd, III, R.T.** (June 2011). Provided 24 hours of paid onsite CBT training over 3, 8 hour days to RHA. Asheville, NC.
- **Codd, III, R.T.** (Spring 2011) Provided 6 hours of paid onsite training in Behavior Management for Disruptive Behavior Disorders. Alexander Youth Network. Charlotte, NC.
- **Codd, III, R.T.** & Ludgate, J. (August 2010). Provided 24 hours of paid onsite CBT training over 3, 8 hour days to Melange Health Solutions. Charlotte, NC.
- **Codd, III, R.T.** & Ludgate, J. (June and July 2010). Provided 24 hours of paid onsite CBT training over 3, 8 hour days to Focus Point, Inc. Charlotte, NC.
- **Codd, III, R.T.** & Ludgate, J. (June 2010). Provided 24 hours of paid onsite CBT training over 3, 8 hour days to Carolina Comprehensive Services. Charlotte, NC.
- **Codd, III, R.T.** & Ludgate, J. (June 16, 17, 18, 2010). Provided 3 days of intensive training in CBT. Asheville, NC.
- Co-directed 9 month intensive training in Cognitive-Behavioral Therapy with John Ludgate, PhD. Training involved provision of workshops and clinical consultation; Program satisfied the educational requirements for the Academy of Cognitive Therapy; Training cycle repeated yearly. Asheville, NC.

Community Presentations:

- **Codd, III, R.T.** & Heller, M. (July 12, 2010). Coping with cancer's emotional consequences. 1.5 hour lunch and learn presentation given at Haywood Regional Medical Center. Clyde, NC.

- **Codd, III, R.T.** with Baker, R. (March 18, 2008). Cognitive-Behavioral Therapy: What it is and where it's going. Invited 1 hour presentation given at NAMI-WNC. Asheville, NC.
- **Codd, III, R.T.** (July 15, 2003). What is cognitive-behavioral therapy? Invited, 30-minute presentation given to NAMI Western North Carolina.
- **Codd, III, R.T.** (January 30, 2002). Victimology: A primer. Invited, 30-minute presentation given at Four Seasons Martial Arts Academy. Asheville, NC.

Professional workshops delivered:

- **Codd, III, R.T.** Foundations of Cognitive-Behavioral Therapy. 24 hours. December 3 & 4, 2015 & January 8, 2016. Asheville, NC.
- Sudak, D., **Codd, R.T., III**, Sokol, L., Gittes-Fox, M., Reiser, R. & Ludgate, J. (2015). Teaching and supervising cognitive behavioral therapy. Five hour institute delivered at the annual convention of Association for Behavioral and Cognitive Therapies. Chicago, IL.
- **Codd, R.T., III.** Delivered three hour Acceptance and Commitment Therapy (ACT) workshop to Direct Care Staff at J. Iverson Riddle Center; Morganton, NC; April 23, 2015
- Sudak, D., **Codd, R.T., III**, Sokol, L. (2014). Teaching and supervising cognitive behavioral therapy: Delivering effective multidisciplinary training. Three hours. Training delivered at the annual convention of Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- **Codd, III, R. T.** (October 29, 2014). Cognitive-Behavioral Therapy for Panic and Generalized Anxiety Disorder. Six hours. Training delivered to Army Behavioral Health Clinicians. Ft. Bragg, NC.
- **Codd, III, R. T.** (June 7, 2013). Cognitive-Behavioral Therapy for Suicidal Patients. Six hours. Asheville, NC.
- **Codd, III, R.T.** (May 17, 2013). Cognitive-Behavioral Therapy for Suicidal Patients. Six hours. Cleveland, Ohio.
- **Codd, III, R.T.** (May 16, 2013). Cognitive-Behavioral Therapy for Suicidal Patients. Six hours. Columbus, Ohio.
- **Codd, III, R.T.** (May 15, 2013). Cognitive-Behavioral Therapy for Suicidal Patients. Six hours. Cincinnati, Ohio.
- **Codd, III, R.T.** (October 26, 2012). Cognitive-Behavioral Therapy for Obsessive-compulsive Disorder. Six hours. Jacksonville, FL.
- **Codd, III, R.T.** (October 25, 2012). Cognitive-Behavioral Therapy for Obsessive-compulsive Disorder. Six hours. Orlando, FL.
- **Codd, III, R.T.** (October 24, 2012). Cognitive-Behavioral Therapy for Obsessive-compulsive Disorder. Six hours. West Palm Beach, FL.
- **Codd, III, R.T.** (October 23, 2012). Cognitive-Behavioral Therapy for Obsessive-compulsive Disorder. Six hours. Miami, FL.

- **Codd, III, R.T.** (March, 2012). Cognitive-Behavior Therapy for SPMI. Paid workshop delivered to RHA staff. Ten hour training over two days. Asheville, NC.
- **Codd, III, R. T.** (April, 2012). CBT-based family therapy. Paid workshop delivered to Youth Unlimited, Inc. staff. Six hour training. Follow-up clinical consultation provided. Sophia, NC.
- **Codd, III, R.T.** (March, 2012). Cognitive case conceptualization and intervention. Paid workshop delivered to Youth Unlimited, Inc. staff. Six hour training. Follow-up clinical consultation provided. Sophia, NC.
- **Codd, III, R.T.** (February 14, 2012). Functional assessment and intervention. Paid workshop delivered to Youth Unlimited, Inc. staff. 6 hour training. Follow-up clinical consultation provided. Sophia, NC.
- **Codd, III, R.T.** (January 27, 2012). Cognitive-behavioral Therapy: Master 6 essential skills. Asheville, NC.
- **Codd, III, R.T.** (December 9, 2011). Cognitive-Behavioral Therapy for Suicidal Patients. Raleigh, NC.
- **Codd, III, R.T.** (November 4, 2011). Cognitive-Behavioral Therapy for Suicidal Patients. Orlando, FL.
- **Codd, III, R.T. & Ludgate, J.** (October 21, 2011). Cognitive-Behavioral Therapy for Suicidal Patients. Asheville, NC.
- **Codd, III, R.T.** (March 9-11, 2011). Cognitive-Behavior Therapy. Provided 24 hours of paid training in CBT to various mental health agencies in North Carolina. Durham, NC.
- **Codd, III, R.T.** (February 23-25, 2011). Cognitive-Behavior Therapy. Provided 24 hours of paid training in CBT to various mental health agencies in North Carolina. Charlotte, NC.
- **Codd, III, R.T.** (January 14, 2011). Intermediate Cognitive-Behavioral Therapy with Medical Populations. 8 hour paid training delivered to Texas Tech University Health Sciences Center Nursing Staff. Training focused on key CBT skill development and largely involved modeling, behavioral rehearsal and the provision of immediate feedback. Training provided at Larry Combest Community Health & Wellness Center. Lubbock, TX.
- **Codd, III, R.T. & Ludgate, J.** (July 19, 2010). Cognitive-Behavioral Therapy with Medical Populations. 8 hour paid training given to Texas Tech University Health Sciences Center's Nursing Staff. Training provided at Larry Combest Community Health & Wellness Center. Lubbock, TX.
- **Codd, III, R.T.** (April 23, 2010). CBT with Children and Adolescents. Invited, paid 3 hour workshop given to the 17th annual School and Community Counselors Conference. Asheville, NC.
- **Codd, III, R.T.** (April 21, 2010). Motivational Interviewing. Invited, paid, 2.5 hour workshop given to the Addiction Professionals of North Carolina Spring Conference. Asheville, NC.
- **Codd, III, R.T.** (March 19 & 20, 2010). Introduction to Acceptance and Commitment Therapy and Acceptance and Commitment Therapy for Depression.

Invited, paid 4.5 hour presentation given at MAHEC as part of the Evidence-based psychotherapy conference. Asheville, NC.

- **Codd, III, R.T.** (March 16, 2010). Treating the dental anxiety/phobic patient. Invited presentation given to Buncombe County Dental study group.
- **Codd, III, R.T.** (January 22, 2010). Motivational Interviewing: Increasing client motivation for change. Invited, paid, 3 hour presentation given at MAHEC in Asheville, NC. Workshop provided twice: Once in the morning and repeated again in the afternoon.
- **Codd, III, R.T.** (October 19, 2009). Cognitive-Behavioral Therapy for mood disorders and co-occurring conditions. Invited, paid, 6 hour presentation given at MAHEC in Asheville, NC.
- **Codd, III, R.T.** (October 16, 2009). Motivational Interviewing in the primary care setting. Invited paid, 1 hour presentation given at Don Teeter, MD's medical office to Dr. Teeter and staff. Waynesville, NC.
- **Codd, III, R.T.** (September 15, 2009). Mental Health Conditions in Medical Settings: Evidence-based brief therapy. Invited, paid 3 hour presentation given at MAHEC in Asheville, NC.
- **Codd, III, R.T.** (May 13, 2009). Cognitive-Behavioral Therapy for Co-morbid Borderline Personality Disorder and Substance Use Disorder. Invited, paid, 2 hour presentation given at Addiction Focus on Women Conference held in Hendersonville, NC.
- **Codd, III, R.T.** (October 10, 2008). Acceptance and Commitment Therapy: The New Wave of CBT. Invited, paid, 6.5 hour presentation given at East Tennessee State University. Sponsored by ETSU's Department of Psychology. Johnson City, TN.
- **Codd, III, R.T.** with Ludgate, J. (September 19, 2008). Cognitive-Behavioral Therapy for Substance Abuse. Paid 6 hour presentation. Asheville, NC.
- **Codd, III, R.T.** with Ludgate, J. (August 11, 2008). Cognitive-Behavioral Therapy: The Basics. Invited, paid, 3 hour presentation given to NC Department of Juvenile Justice clinical staff. Brevard, NC.
- **Codd, III, R.T.** (May 8, 2008). Acceptance and Commitment Therapy: The New Wave of CBT. Invited, paid, 6 hour presentation given at Mountain Area Health Education Center (MAHEC). Asheville, NC.
- **Codd, III, R.T.** with Ludgate, J. (November 30, 2007). CBT for Complex Mood Disorders. Paid 6 hour presentation. Asheville, NC.
- **Codd, III, R.T.** with Ludgate, J. (October 12, 2007). CBT for Complex Anxiety Disorders. Paid 6 hour presentation. Asheville, NC.
- **Codd, III, R.T.** with Ludgate, J. (June 22, 2007). Applications of Cognitive-Behavior Therapy with specific Axis II Disorders. Paid 6 hour presentation. Asheville, NC.
- **Codd, III, R.T.** with Ludgate, J. (March 2, 2007). Cognitive-Behavior Therapy with Axis II clients and specific applications with Borderline Personality Disorder. Invited, paid, 6 hour presentation given at The Creative Alternatives in Therapy Conference 2007; Abingdon, VA.

- **Codd, III, R.T.** (September 28, 2006). Psychological approaches to chronic disease management. Invited, 2 hour workshop given to the Western Dietetic Association; Asheville, NC.
- **Codd, III, R.T.** (August 14, 2006). Cognitive-Behavioral Therapy for incarcerated adolescents. Invited, paid, 8 hour workshop given to the NC Department of Juvenile Justice Camp Woodson staff; Brevard, NC.
- **Codd, III, R.T.** (October 22, 2004). Cognitive-Behavioral Therapy for substance abuse: A primer. Invited, paid, 3 hour workshop given to ARP/Phoenix staff. Asheville, NC.
- **Codd, III, R.T.** (June 23, 2004). Cognitive-Behavioral Therapy for substance abuse: A primer. Invited presentation given to Western Carolina University graduate substance abuse counseling course.
- **Codd, III, R.T.** (March 31, 2004). Fundamentals of cognitive-behavioral therapy. Invited, paid presentation given to Wendy Logan's school counselor clinical supervision group. Asheville, NC.
- **Codd, III, R.T.** (March 23, 2004). Adolescent substance abuse treatment update. Invited, 1 hour presentation given to the WNC regional meeting of the NC Association of School Based/Linked Health Centers. Presentation given at Mountain Area Health Education Center. Asheville, NC.
- **Codd, III, R.T.** (March 3, 2003). Cognitive-behavioral therapy for Cluster B personality disorders. 6 hour continuing education program given at Mountain Area Health Education Center. Asheville, NC.
- **Codd, III, R.T.** (October 26, 2002). Helping diabetics cope: A cognitive-behavioral approach. 1.5 hour presentation given at the 2002 Licensed Professional Counselors Association of North Carolina annual conference. Wilmington, NC.
- **Codd, III, R.T.** (September 10, 2002). Fundamentals of Cognitive Behavior Therapy. 1.5 hour Lunch & Learn program. Mountain Area Health Education Center. Asheville, NC.
- **Codd, III, R.T.** (November 10, 2001). The antisocial personalities and crime. Invited, paid, five-hour presentation given at the Criminal Justice Department at Jacksonville State University in Jacksonville, AL. Students received one hour of undergraduate credit for CJ 488: Special Topics.
- **Codd, III, R.T.** (September 14, 2001). Cognitive Therapy for substance abuse. Invited, one-hour presentation given to the NC child and adolescent substance abuse regional residential program initiative forum held at Swain Recovery Center in Black Mountain, NC.

In-service training provided:

- **Codd, III, R.T.** (December 10, 2001). Cognitive-Behavioral Therapy: Clinical applications with adolescent substance abusers. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.

- **Codd, III, R.T.** (December 3, 2001). Fundamentals of Cognitive-Behavioral Therapy. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.
- **Codd, III, R.T.** (November 26, 2001). Social-Learning Theory. Provided two-hour in-service training to Blue Ridge Mental Health Center substance abuse staff at Swannanoa Valley Youth Development Center.

Media Appearances/Consultations:

- Interviewed by Aaron Adelson about cell phone addiction; News 13 WLOS; Asheville, NC; Aired 2-2-15.
- Interviewed by Lauren Brigman about Cognitive-Behavioral Therapy for Insomnia (CBT-I); News 13 WLOS; Asheville, NC; Aired 1-29-15
- Interviewed by Lauren Brigman about teen online safety; News 13 WLOS; Asheville, NC; Aired 11-11-14
- Interviewed by Counseling Today senior writer, Lynne Shallcross, about evidence-based psychotherapy and the counseling profession; Consultation resulted in the following column: Proof Positive?; Counseling Today; September, 2012.
- Interviewed live about dental anxiety on local FM radio program titled “The doctor is in the house.” Host was Dr. Orville Williams. February 21, 2012. WRES 100.7 FM. Asheville, NC.
- Interviewed on PTSD for law enforcement officers returning from war. Video part of mandatory statewide in-service training for police officers in NC; Video produced by the NC Justice Academy entitled: “Americas Returning Warriors.” 2012.
- Appeared on Evening Rounds with David Hurand; Evening Rounds broadcasts on public radio in Western NC and is a show dedicated to health; Interviewed by Mr. Hurand about psychological treatment for cancer patients. Appeared along with Oncologist Dr. Michael Heller; March 9, 2010; www.wcqs.org
- Served as consultant to Counseling Today staff writer Angela Kennedy regarding phobias and their treatment; Consultation resulted in publication of the following column: Things that go bump in the mind: Phobias plague more than six million adults in America; Counseling Today; October 2003
- Interviewed by John Lee about anger management; News 13 WLOS; Asheville, NC; 4/14/03

Professional/Community Service:

- Board Member at Large; Academy of Cognitive Therapy; 1/15-present
- Co-president with Kelly Koerner, PhD of ACBS Research in Clinical Practice SIG; 3/13-1/15
- Served as reviewer of research protocols for BHRC; 2013-present

- Founding member; (2/1/11)Behavioral Health Research Collective (BHRC); BHRC is an independent IRB consisting of several private practitioners across the US engaged in research; Other founding members include Travis Osborne, PhD, Jason Luoma, PhD, Kelly Koerner, PhD and Jacqueline Persons, PhD, Kevin Arnold, PhD & Jennifer Byrnes, PhD.
- Started first SMART Recovery group in Western North Carolina; Serve as professional advisor to group and facilitate meetings PRN; 2010-present
- Member; Rotary International; Arden Rotary Club (club # 7670); 9/23/04-8/07
 - International Service Chair; 6/05-6/06
- Member-at-Large; LPC Association of NC; 1/1/02-12/31/02

Applied Animal Behavior:

- Completed Terry Ryan's 5 day Chicken Camp; July 23-26, 2014; Completed in Murphy, NC at Cold Nose College
- Member; ABAI Applied Animal Behavior SIG; 2013-present

Committees:

- Credentialing Committee, Member, Academy of Cognitive Therapy; 1/15-present
- Association for Contextual Behavior Science Program committee for 2014 world conference; member
- Lenoir-Rhyne University Counselor Education Advisory Counsel; committee member; Fall 2013-present
- Association for Behavioral and Cognitive Therapy (ABCT) Self-Help Committee Chair; May 2011-November 2014
- Association for Behavioral and Cognitive Therapy (ABCT) Self-Help Committee; Member; 2009-Summer 2011
- Licensed Professional Counselor's Association of North Carolina's Membership Committee; 1/1/02-12/31/02
- Licensed Professional Counselor's Association of North Carolina's Western North Carolina regional representative; 1/1/02-12/31/02

Cocurricular

- Society of American Magicians; Member since 2004
 - Charter member Western North Carolina Assembly of SAM (Assembly # 288)
 - President WNC Assembly of the SAM 2006-2008
 - NC State Deputy of Magic 2007-2012
- Charter member of the International Brotherhood of Magicians' Western North Carolina Ring (Ring # 344)
 - Sergeant at Arms; International Brotherhood of Magicians Ring #344; 10/01-10/02

- Certified, PADI Advanced open water SCUBA diver; 1994
- Certified, PADI Open water SCUBA diver; 1993
- International Brotherhood of Magicians; Member since 1992

Interests

Amateur magic; scuba diving; golf; tennis; reading